

OVERCOMERS OUTREACH CANADA

July | 2024 Newsletter

Addicted Christian Get Loose!

STEP FIVE: *Admitted to God, to ourselves and to another human being, the exact nature of our wrongs.*

Somehow, because we are Christians, we think we should be permanently immune to such a ‘thorn in the flesh’ as addiction to drugs, alcohol, prescription pills or compulsions, many times God provides a total and instant healing from these afflictions, if not, it is one frantic struggle for those involved. When the problem ‘rears its ugly head’, Christians work harder than most people to cover up the situation so that their pastor and church friends won’t find out. Thus, they end up trying to carry the load alone.

Jesus said, “*confess your sins to each other and pray for each other so that you may be healed*” (James 5:16).

The good news is that we no longer have to wage the battle by ourselves. There is plenty of help available if we are open to receiving it.

The Overcomers support groups meet to study God’s Word as it relates directly to the 12 steps of AA with corresponding scriptures, to study relevant subjects in the light of the Scriptures, to share with one another in strictest confidence and to pray specifically for one another.

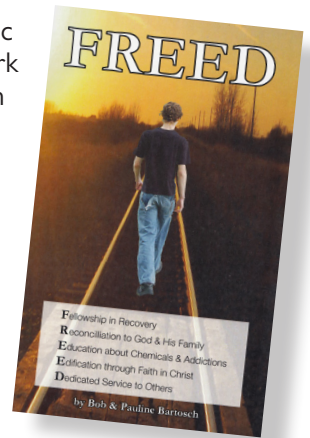
YES, it is possible to find Freedom in Christ!

Overcomers Outreach is a Christ Centered 12 Step Recovery group offering Hope for those with the problems of addictions, compulsive behaviors, emotional struggles or co-dependency, as well as their affected family members. Our higher power is Jesus Christ

“*And you will know the truth, and the truth will set you free.*” (John 8:32).

Lisa Switzer

Administrator



Testimony – Barry Murdock

My name is Barry Murdock, I have a family of six my beautiful wife Laura Murdock, and my five beautiful children, three daughters, and two boys.



I have been sober and drug free now for six years. I thank God for taking me out of that horrible world of sin. Drinking, smoking marijuana, smoking cigarettes, and worst of cocaine. Every payday I will go and do this addiction, every dollar I had that was all I thought of in my head. One thing I made sure of is that I had groceries in my fridge before I spent everything.

My oldest daughter Kayla would look after my children while my wife and me went out and did all these things. I missed out a lot with them I miss going fishing, camping this and that what a father should be doing with his children. I was in a very dark place. I would come home



drunk swear at kids turntables over call my wife down.

However, one day I was depressed laying in that dark basement thinking my wife was going to leave me, I was thinking bad things in my head, battling with the devil telling me to kill myself. So I came upstairs went outside in my garage looking up in the rafters crying, I felt so alone in my family thinking crazy, but my baby girl Kieanna came in that very moment I was thinking of committing suicide. She said” dad go to church.” I broke down crying went seen my oldest brother Mervin told him I am going to change my life , then I went seen my uncle David told him I want to change my life uncle and come to church.

Not long after I was having withdrawals getting sick at home laying on my couch, something was wrong with my head thought I had to go to the hospital I was just sweating little did I know God was delivering me from all the drugs alcohol, it was like I got out of the shower , all that stuff left me.

I am currently sitting under “Building Bridges ministry”, Well structured leadership. I also work with “Overcomers Outreach” with a brother I met throughout my walk with Christ, Brother Ken Sundelin, we got together and brought Overcomers Outreach to our community here in Fisher River Cree Nation to work with our young youth.



Overcomers has been a big help to me in the 12 steps that I have taken. I love to thank Overcomers Outreach for their commitment to our Building Bridges Ministry. You all have been a blessing and encouragement to many here in our community, including my family and myself.

Brother Ken Sundelin also has been a big part of our family. When he will come out to our community to bring the 12-step program, my wife and I will always look forward to that Tuesday, we will prepare a hot meal for him before our Overcomer Outreach 12 step program will start. Even my children connected with Ken we all call him "Papa Ken" we truly thank God for him he is a blessing to us and we love him truly.



This testimony is for whoever out there needs encouragement, to show what God can do. I pray it helps you; there is scriptures in Romans 6:5-6 *"For if we have been united together in the likeness of His death, certainly we also shall be in the likeness of His resurrection. Knowing this that our old man was crucified with Him that the body of sin might be done away with that we should no longer be slaves of sin."*

"GOD BLESS, I AM A NEW MAN."

"I can do all things through Christ who strengthens me."
(Philippians 4:13)



OVERCOMERS OUTREACH CANADA

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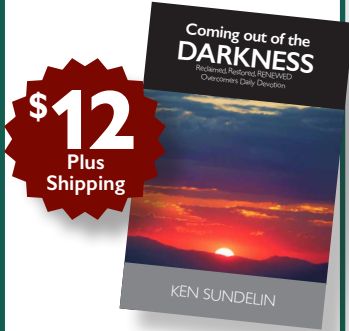


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For more information, visit our website at www.overcomersoutreach.ca

Coming out of the Darkness

A Daily Devotional with thoughts, prayer and scripture for each day written by Ken Sundelin



To order email
info@overcomersoutreach.ca

STEP SIX

“Were entirely ready to have God remove all these defects of character.”

Over the years I have seen many people in Overcomers Outreach have a complete spiritual and emotional overhaul. I have seen a similar pattern in their lives after they started their recovery journey. It all started in the way they looked at God and their own lives, and slowly they had what we call an attitude adjustment. That prepared them for change and becoming entirely ready for God to help them get rid of their defects of character. We need to ask God to give us a willing mind and attitude that accepts our need for change.

Prayer for today:

Dear Lord Jesus, I ask You to give me a mind and attitude adjustment that seeks Your direction and will. Thank You Jesus. Amen.

Scripture for today:

Now change your mind and attitude to God and turn to him so he can cleanse away your sins and send you wonderful times of refreshment from the presence of the Lord. (Acts 3:19, TLB)

(Excerpt from Coming out of the Darkness)

Supporting Overcomers Outreach Canada Financially

We are a faith-based non profit organization bringing hope to those struggling with any forms of addictions or compulsions. Your Financial support goes toward various areas such as:

- general operating expenses and administration (telephone, website, office expenses etc)
- addictions consultant’s salary/expenses
- resources and educational literature or simply designated as “wherever needed”

We would like to thank you who have been faithful in supporting Overcomers Outreach Ministry which is seeing lives changed and families healed.

Donations and Financial support

Please visit: www.overcomersoutreach.ca

Cheques can be mailed to: Overcomers Outreach,
Box 1933, Beausejour, MB R0E 0C0

E-transfer: info@overcomersoutreach.ca (please include your name and address in the message section for tax receipt purposes)

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